Family Matters



How we respond quickly in emergencies

Letting young people lead the way in care

Children doing it for themselves





Creating lasting change.



Former US President Franklin D. Roosevelt famously said, "We cannot always build the future for our youth, but we can build our youth for the future." As families, parents and carers, we want to secure a better world for our children but it's not always in our immediate power to do that. What we can do is help them become more resilient, caring, independent and socially responsible children who can help make lasting change through the generations.

This is the rationale behind the work of SOS Children's Villages. We aren't here just with emergency aid and medical supplies, but ultimately to change society for the better. Of course, meaningful change can't come from one single person or organisation but through collective action, a shared vision and a global network. It comes from trust and collaboration. Families and communities know best what they need to stay together and thrive, and they can see what is required and how to deliver it. That is why all our work is led by local SOS teams who design and run programmes that work for each community.

Our aim is to carefully balance the need for individualised care for each child and family, with enabling them to contribute to improving lives in their communities. Together, we can remove the challenges that cause family breakdown and which can leave children without parental care. This is why we don't just support young children, but we help guide them throughout their transition to adulthood.

Take for example our work in Ukraine: when the war broke out, we immediately focused on humanitarian aid and evacuating vulnerable people out of the country. Whilst our priority is to ensure families are safe and have the support they need to get through daily life, we are also focusing our efforts into influencing decision makers to create a better childcare system for the future, ensuring children are cared for, educated, loved and given the opportunities to become citizens of a better future of their making.

We are incredibly proud of the work the children and young adults in our care are already doing to change attitudes and create better opportunities for themselves and others. Read about our young care-leavers on page 10, calling for better trauma provision in alternative care, or Yvette in Benin on page 13, who advocates for young people.

We know that the cost-of-living crisis is putting us all under pressure, which is why your support matters more than ever and is, as ever, hugely appreciated. Your generosity doesn't just make things better for thousands of vulnerable families now but also helps create a better society for all of us.

ANLUGIORI

Alison Wallace, Chief Executive Officer, SOS Children's Villages UK SOS CHILDREN'S VILLAGES UK

Our emergency response in Ukraine

Ten months after the war began in Ukraine, it is clearer than ever that the threat and crisis faced by people across the country will be long-lasting. Thanks to the support of donors in the UK and around the world, SOS Children's Villages Ukraine has successfully expanded its Emergency Response programmes to meet the urgent need of those affected by the war, with neighbouring countries rising to the challenge of supporting the most vulnerable children and families as they flee the conflict.

As of November 2022, the total number of children and families in our programmes in Ukraine had grown to 132,987, 55% of whom are children with a further 29% of participants being adult women.

Through tireless hard work, the SOS Children's Villages Ukraine team has consistently increased the number of people they've been able to support each month since the war began, offering a diverse range of emergency response activities and tailored support programmes to children and families.

The ongoing emergency

Fighting continues in the East and South of Ukraine, whilst shelling and airstrikes are an ongoing threat across the country. The renewed level of shelling has significantly impacted Ukraine's energy systems, putting pressure on the power grid and further impacting hospitals and schools.

This puts the most vulnerable children at even greater risk and adds significant pressure to families who have already experienced the most serious trauma.

Over 7 million Ukrainians are estimated to be internally displaced, with a further 7.7 million currently living as refugees in neighbouring countries. Host communities' capacities are overstretched, and there is a shortage of accommodation in collective centres, even for the most vulnerable populations.

Emergency response solutions

In spite of the situation, SOS Ukraine continues to respond to the humanitarian crisis, as well as working to meet the long-term needs of those who remain in the country, and those who are being hosted in neighbouring countries.



Emergency interventions include:

- Humanitarian Assistance: Through a group
 of ten implementing partners, SOS Ukraine has
 been able to reach tens of thousands of people
 with humanitarian assistance, including food and
 hygiene kits.
- Cash and Voucher Assistance: Thousands of vulnerable people have been supported through cash and voucher assistance, with a particular focus on additional support for foster and kinship care families.
- 3. Safe and Accessible Support: Five new 'Centres of Social Services' are working in safe areas of Western and Central Ukraine. These centres provide short-term humanitarian assistance, including cash and voucher assistance, essential supplies, and mental health support. Demand for support from these centres increases each month.

Protecting children's mental wellbeing

The impact of war will continue to be felt for many years to come, and it is essential that the children who have been impacted by this trauma are supported. To heal properly, children need to continue being children, with space for play, self-expression and respite from the horrors of war.

SOS Children's Villages Summer Camps are one way that SOS Ukraine is working to protect and support the mental health and wellbeing of the children and their carers. The 14-day programme is aimed at psychological support, rehabilitation, rest and recovery for children who have been affected by the war.



During the summer camps, children can take part in creative workshops, educational activities and sports and recreational activities to help relieve stress and build connections.

The camps create a positive space where children and caregivers can enjoy themselves, away from the fear and trauma of conflict, supported by trained professionals who work closely with each child to best support their individual needs.



Refugee support across Europe

Since March, SOS Children's Villages refugee-hosting countries have been working hard to provide accommodation and services to Ukrainians who have fled the conflict.

Nearly 10,000 refugees have been supported through emergency and ongoing programmes across Europe. Host countries act swiftly to meet emergency needs, such as food, medicine, and shelter; to support refugees to access local services and schooling; and to meet the long-term psychological support needs of all those impacted by the war.



Family Matters SOS CHILDREN'S VILLAGES UK

More than just survival: How we act quickly in emergency situations

The Emergency Readiness Fund equips us to act swiftly and effectively to support children and families when emergencies strike.

Every day, millions of children around the world are plunged into new crises, and millions more continue to experience ongoing emergency situations due to poverty, war and climate change.

To respond quickly and effectively, we launched our Emergency Readiness Fund, allowing us to react to emergencies as they occur across the 135+ countries SOS Children's Villages works in.

EVERY CHILD HAS THE RIGHT TO GROW UP IN A SAFE AND SECURE ENVIRONMENT, WITH PARENTS OR DEDICATED CAREGIVERS BY THEIR SIDE. THIS NEED IS EVEN STRONGER WHEN THEIR WORLD CRUMBLES AROUND THEM.











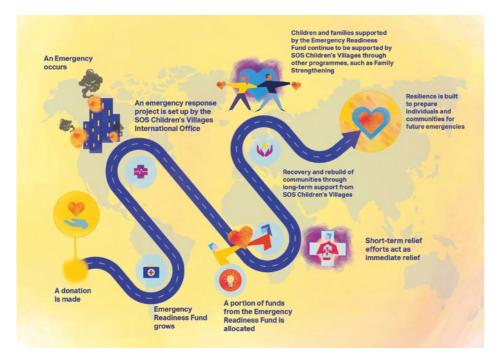


When emergencies hit, children are often separated from their families at a time when they need them most. The Emergency Readiness Fund not only allows us to respond to basic emergency needs such as food and shelter, but also gives children the chance to just be children, creating space for them to play, learn and thrive, even when their lives are turned upside down. It is about more than just survival!

Support now and in the future

We are committed to being there for children and families from well before emergencies begin, and for the years that come afterwards.

Our expert teams are on the ground supporting families in 135+ countries, ensuring that when disaster strikes, they can act quickly and effectively to support the most vulnerable families. Those who receive short-term emergency aid, such as food, shelter or medicine, often go on to receive longer-term support through other means, such as our Family Strengthening Programme. This ensures that resilience is built, and that they are prepared for future emergencies.



Our support does not finish once an emergency ends, or when the media attention shifts onto something new. We know that for children to grow up and become secure, happy and resilient adults, they'll need support in the longer term to deal with the trauma of living through an emergency.

The emergency butterfly effect

In our ever-more connected world, it can seem that every day brings a new emergency. However, so many of these isolated emergencies are intrinsically linked with, or worsened by, events elsewhere in the world.

The war in Ukraine has created food and energy supply shortages around the world. In The Horn of Africa, the effects of the worst drought in 40 years have been compounded by rising food and fuel costs because of the war. Currently 5.7 million children are acutely malnourished across the region.

This year, The Horn of Africa was hit by the worst drought in 40 years, creating an urgent need to protect vulnerable children and communities from famine and significantly increasing the demand for SOS Children's Villages' support across the region.

As the drought worsened in Somalia, families were uprooted and pushed into Internally Displaced Persons (IDP) camps, with many pastoral communities entirely wiped out as their livestock perished and their crops failed. Mothers like Anab had to flee with their children due to the lack of food and water.

"I fled from Jowhar because of the hunger, the thirst caused by the drought. My son got sick back in Jowhar. My brother asked me to bring my child to Mogadishu."

When Anab arrived at the SOS Children's Villages Mother and Children Hospital in Mogadishu, her son was severely malnourished. Thankfully, due to the swift intervention of the hospital team, he was able to be treated and is now doing much better. Anab was provided with food, milk, and money by SOS Children's Villages to help ensure the ongoing health and wellbeing of her and her son.

Hundreds of people are cared for each day at SOS Children's Villages hospitals across Somalia. The centre in Mogadishu has seen a 185% increase in patient numbers compared to earlier in the year, with most suffering from malnutrition, malaria, pneumonia, and diarrhoea.

Khadijo is a mother of five who came to the hospital in Mogadishu for life-saving treatment for her young baby.

"I had no clothes when I came here, and I was given some by women at the hospital. My daughter is much better now. I was given a blanket, bedsheets, detergent and three meals daily. I had five children, one of them died on my way here, I had nothing to help bury him."

SOS Children's Villages has responded to the drought across The Horn of Africa, by setting up additional stabilisation centres to help even more families. These centres provide outreach services such as access to healthcare, food, water, sanitation and hygiene to families living in remote camps. The services are a lifeline for many who are facing the worst conditions in a generation.

Thank you to everyone who has donated to support our emergency efforts this year.

To find out more about our emergency work, please visit: www.soschildrensvillages.org.uk/how-we-help/support-in-emergencies/



Sri Lanka has been hit by the worst economic crisis since it gained independence in 1948. Since April 2019, catastrophic fuel shortages have caused price hikes, power cuts and stalled industry. Food prices have soared, and supplies have dwindled with people having to wait for three or four days in long queues for essential items such as food, fuel, cooking gas and medicines. Hospitals are unable to treat patients due to a shortage of medical supplies and the power is frequently cut for as long as 10-13 hours a day. School closures continue to disrupt education for millions of children. While the government is trying to stabilise the economy, the situation is worsening. Hyperinflation is at more than 100%, making living expenses prohibitively high for families and nine out of ten people have become dependent on government handouts.



It is times like these that most threaten the stability of vulnerable families. SOS Children's Villages has been in Sri Lanka for 40 years, and now runs six Villages and 39 family strengthening projects. When the crisis hit, with the help of donors around the world, we stepped in immediately to support families. Emergency aid, such as additional financial support and dry ration packs was provided, alongside longer term interventions to upskill individuals for better jobs to help them withstand this and other future economic hardships. SOS is there for the long- term, continuing to help children and families get through this crisis so they can build a better, more stable future for themselves.

"I cannot predict what will happen in future and it does not seem to be getting any better. However, I along with my team are doing everything possible to make a difference in the lives of children and families."

Divakar Ratnadurai, national director of SOS Children's Villages, Sri Lanka.

Restarting life after conflict

For 10 years, Kassey and her family had a good life. The mother of three and her husband were successful farmers growing and selling pepper, corn, beans, and sorghum. They owned three houses, cattle, donkeys, sheep, and goats in the Oromia region of Ethiopia.

For decades, the region has suffered cycles of violence, fuelled by a combination of ethnic grievances and political tensions.

One day in 2019, attackers came and threatened Kassey and her children. That day Kassey, her husband and their three children, Tegen, 17, Enga, 13, and Sabe, 5, fled with nothing except the clothes on their back.

The family lost everything.

"We lost our crops, houses, cattle and our donkeys. But all this is not more important than our lives. We left everything."

The family settled in Debre Tabor, their local town.

"My mind could not focus on anything. It was unthinkable to start our lives from scratch. Food was a problem, rent and buying furniture, mattresses and blankets was just too hard for us."

Family Strengthening support from SOS Children's Villages

The family was contemplating living on the streets when the family strengthening team from SOS Children's Villages Ethiopia visited them. The children had not been to school for over a year.

"We had no money to rebuild our lives. We were about to give up and start begging on the streets when SOS showed up and changed our lives."

- Kassey



The family strengthening programme responds to situations that place children at risk of losing the care of their family. It helps struggling parents earn a stable income to meet their children's daily needs and aims to prevent family separation.

Kassey's family joined the SOS Education and Empowerment Project (EEP), which aims to nurture vulnerable families and the children were able to return to school.

"I am so proud of my family. Our strong bonds and knowing that we are there for each other has helped us survive some very difficult times."
- Enga

To help Kassey earn an income, the family strengthening project gave her tables, chairs, cooking materials, a water dispenser and start-up capital to open her own small eatery. She also received support in child safeguarding, financial management and entrepreneurship.

Young care-leavers changing the system

Young care-leavers from SOS Children's Villages are joining a Europe-wide call for a change in alternative care settings, urging decision-makers to invest in trauma awareness. At a recent event in Brussels about embedding trauma-informed care into childcare systems, young care-leavers from SOS shared their experiences of growing up in alternative care and the urgent need for trauma support.

"Children in alternative care face complex trauma caused by repeated adverse experiences during childhood which can result in vulnerability and influence their development," explains Lubos Tibensky, psychologist and SOS Children's Villages' programme advisor. 'Safe Places, Thriving Children' aims to transform child-care protection systems so that caregivers are trained in trauma-informed practices in Belgium, Bulgaria, Croatia, Greece, Hungary and Serbia, and plans are afoot to implement it in Africa, Asia and Latin America.

Trauma-informed care focuses on mental wellbeing and healthy development. The idea behind the training and policy recommendations are all based on experiences of young people who have lived in alternative care. "Giving professionals the opportunity to learn directly from young people was especially important for this training," says Ljiljana Ban, coordinator of the International Young Expert Group.

A young person from SOS in Belgium, Kristien Schoenmaechers, said, "I discovered that my story is good enough to tell and people can learn from it."



Philippines Youth Hub sows the seeds of innovation

SOS Children's Villages is currently partnering with Futuremakers by Standard Chartered: a global initiative to tackle inequality by promoting greater economic inclusion of disadvantaged young people. The initiative creates an opportunity for young people to learn new skills, improving their chances of getting a job or starting their own business.

This year we began delivering tailored vocational training, mentoring and career support to young people in Botswana, Côte d'Ivoire, Jordan, Mauritius, the Philippines, South Africa and Sri Lanka. Young people across these countries are improving their knowledge and skills, while building their self-confidence and striving to reach their full potential.

In the Philippines, we have established a villagebased Youth Hub, to house the training and activities to strengthen youth employability. This is a safe and collaborative space for youth mentoring, soft skills training, and technical vocational and entrepreneurial skills-building activities to be held.

The Youth Hub aims to cater to the diverse interests of the young people. Several young people in SOS Children's Village Bataan showed great interest in agriculture, including Ronnie (pictured). To foster the young people's interest and skills in agriculture, the Youth Hub built a greenhouse, which also creates



a space for programme participants to come up with possible innovations in the industry.

As the son of a farmer, Ronnie wants to continue his father's ways, whilst also breaking the biases of inequalities that indigenous people like him experience. After exploring a range of options, Ronnie is studying for a Diploma in Forestry.

Young people from the village are also engaged in the project set-up. Community participation helps them to become empathetic citizens who could potentially continue similar work when they become adults. The young people aim to give back to their communities in the future by developing their leadership skills, learning the importance of helping others, and sharing their insights from the experiences that they have gained.

Through the Futuremakers project in the Philippines we hope to fulfil the needs of every child in the village and the wider community, supporting them in all their endeavours.



SOS CHILDREN'S VILLAGES UK

NEWS IN BRIEF

Like all loving families, our aim is for the children in our care to grow into happy, independent, successful and

caring global citizens, able and keen to make their own positive impact on their communities. Talk to any of our SOS mothers and staff all over the world and they'll all tell you that their source of pride and joy is in the children. So here are just a few stories that we want to shout from the rooftops about.

Buzzing with opportunity

Migrant women and unaccompanied children aged between 16 and 18 in Italy are learning to be beekeepers thanks to the support of the QBE Foundation, one of our generous donors in the UK.

The programme, based in Florence and in partnership with SOS Children's Villages Italy and community-based organisation, Nosotra Onlus, offers vocational beekeeping training alongside mental health, wellbeing and life support skills.



Refugee and migrant women and children arrive in Florence, typically having experienced traumatic displacement, abuse and violence. They arrive with next to nothing and despite their hardships, are eager to overcome language barriers and prejudices. The beekeeping programme provides a safe space for the women and children to integrate into their new community, heal their trauma and gain the skills to secure dignified and sustainable employment.



Ayman and Abdi cracking the egg market

Friends, Ayman and Abdi tenderly inspect their baby birds three times a day. Taking advantage of the untapped egg market in Somaliland, this entrepreneurial pair take great care of their delicate six-week-old chicks determined to build up the local egg market, as most products are now imported.

Having limited opportunities, they decided to join forces and learned how to start a business through SOS Children's Villages' 'Next Economy Programme', a programme specifically devised to support young people by creating job opportunities in challenging environments.

"We want to encourage change and bring local products to the market."

Yvette advocates for care leavers

22-year-old Yvette grew up in SOS Children's Village Natitingu in Northern Benin from the age of four when her father died. From an early age, Yvette showed great ambition both in her studies and as an advocate for children.

SOS Children's Villages taught me about children's rights, and this is why I have become aware and sensitive about issues affecting children. I have never been scared of talking to adults, and I think this is because at the SOS Children's Village we were always free to express ourselves and communicate openly.

When she was only 12 years old, Yvette organised and led campaign activities with local authorities in her district, resulting in a speech she gave being televised. In 2020, she developed and secured finance for a project on the protection of children's rights during the pandemic, successfully training 2,500 young people across Benin in the risks of coronavirus and how to reduce them.

Today, her work focuses primarily on youth employability. "Now that I am a young woman, I face the fact that children need to become autonomous and learn how to do so," she says. In 2017, Yvette represented Benin in the international launch of YouthCan!, an SOS Children's Villages-led programme that promotes youth entrepreneurship globally, in Addis Ababa. It is now her ambition to talk in front of high representatives at the UN. "This would mark the beginning of a real change for millions of children in my country," she explains.

Yvette is currently studying for a master's degree and hopes to work in consultancy when she graduates. With her steadfast dedication and abundant energy, we know that Yvette will touch the hearts of many and make the change so many of us want to see.



Shruti on our screens

22-year-old Shruti is well on her way to fulfilling her dream of becoming a news anchor, having just finished a degree in journalism in Jaipur, 500km away from the SOS Village where she grew up. Shruti is a quiet young woman and leaving her Village to study was daunting at first, but her SOS family encouraged her to break out of her shell. She explains, "Since childhood, my SOS family and mother helped me to be mentally prepared for the outside world and live independently. I was always told that when I am an adult, I will have to fight for myself. I would have



to go outside the Village for higher education and to pursue my dreams, so, I was unconsciously always ready to take up this challenge." As part of her degree, Shruti has secured an internship with a cable news channel and has moved up the ranks quickly doing her own stories and presenting the early morning bulletin. Her SOS mother and siblings can't wait to see her on TV every day.

"She looks like such a celebrity when we see her on TV. It is difficult to imagine this is the same, shy, Shruti, my daughter who was so shy growing up."

After graduating, Shruti intends to do a master's course at a top journalism college in Delhi and eventually become a national TV reporter. This shy girl with a big dream has come a long way from the small Village she grew up in, and she has a long and prosperous future ahead of her.

Dishes from around the world

Papa rellena, or potato croquette, is a classic Peruvian comfort food combining mashed potatoes with meat - but you can substitute that with another protein if you want!

A key ingredient in Peruvian cooking is the aji pepper, adding a bit of spice along with a subtle fruity flavour. Other ingredients like raisins, olives, and hard-boiled eggs add to the authenticity of the dish.



Ingredients for filling

- 250g of beef (or meat-free alternative)
- 3 tablespoons of vegetable oil
- Salt, pepper and cumin
- 1/2 red onion
- 1 teaspoon of finely chopped garlic
- 1 tablespoon of ají panca paste (try ancho paste or chipotle powder as a substitute)
- 1 tomato, no skin or seeds
- 1/4 cup of water
- 50g of raisins (optional)
- 1/4 teaspoon of oregano
- Parsley chopped (as desired)
- 2 boiled eggs, chopped
- Olives

Ingredients for mashed potato mixture

- 500g of potatoes (papa amarilla if you're in Peru), cooked, peeled and mashed
- 2 eggs
- Flour

Preparation for papa rellena

For the filling:

- Cut the meat into thin strips, then into cubes.
- Heat the frying pan with oil, add the meat and season with salt, pepper and cumin.
- Brown the meat for three minutes and put on one side.
- In the same pan, add the onion, season with salt, pepper and cumin.
- Stir fry for a couple minutes, add garlic and continue to stir fry for two more minutes. Add ají panca, tomato, continue to stir fry and add water.
- Add the cooked meat, raisins, oregano, salt to taste and parsley.
- Stir in the boiled eggs and let it cook for a couple of minutes.
- Set the filling aside.

For the potato mixture:

- Add the mashed potatoes to a bowl, add salt and pepper to taste.
- Crack open one egg and mix with potatoes, preferably by hand.
- Once evenly combined, take a handful of the mixture, round and flatten it with your hands to make a patty.
- Add a spoonful of the filling to the middle of the patty, top it off with an olive.
- Close the mixture and give it an oval shape.
- Cover the croquette in flour and roll it in one beaten egg.
- Fry the croquette in a high heat until golden on all sides.
- Place on a paper towel before serving.

Send us photos of your papa rellena to hello@sosuk.org – we'd love to see how it turns out for you!



Buy a Christmas gift and support SOS Children's Villages

Would you like to give a gift with meaning this year? It can be difficult to think of an inspiring Christmas present, let alone one that can create a positive impact!

To help, we've put together this gift guide, showcasing UK-based small businesses, each of which gives back to SOS Children's Villages UK all year round. This guide includes some of their favourite items this Christmas! By buying from these businesses, your purchase will make a difference for children and families around the world.

Sunflower Sunshine Leggings

There is no better way to brighten your wardrobe in the middle of winter than with beautiful sunflowers! As the national flower of Ukraine, the stunning sunflowers in Llama Leisure's super soft leggings and shorts will bring a pop of colour to lighten up your day.

20% of sales from the Sunflower Sunshine collection is donated to SOS Children's Villages.

Use code SOS10 for 10% off anything (excluding sale items) from the Llama Leisure website throughout December.

llamaleisure.com/sunflowers



Kindness is Magic upcycled super-soft baby hoodie

This super-soft fleece baby hoodie is made from certified upcycled plastic rescued from our oceans. With rainbow print organic cotton hood lining, this is the perfect gift for any baby in your life – cosy and sustainable!

SOS Children's Villages is one of two charities that benefits from 100% of profits of From Babies with Love's products.

frombabieswithlove.org

Golden 'Dreamer' Pendant Engraved Necklace

Christmas is the perfect time to treat that special person in your life with a timeless piece of jewellery from Lines & Current.

The Dreamer necklace is simplicity that's golden. An engraved 18k gold-plated coin with custom-designed lettering and a gold-plated beaded chain. This necklace is dreamy, romantic and moving.

10% of profits from all Lines & Current products are donated to SOS Children's Villages.

linesandcurrent.com

Nano Montreal Deep Toffee Handbag by DeMellier

Give your loved one the gift of joining the micro-bag trend, with DeMellier's Nano Montreal handbag. A petite structured cross-body bag with a removable/adjustable cross-body strap and tubular top handle, it is the perfectly proportioned statement piece.

For every item purchased, DeMellier funds lifesaving medical treatments in partnership with SOS Children's Villages.

demellierlondon.com









It's not too late for our Christmas e-cards.

You can still spread some cheer to your friends and family with our range of festive e-cards. Go to **www.soschildrensvillages.org.uk/cards** to get yours now.









Thanks to everyone who supported our Christmas appeal.

Your kindness and generosity means we can give children the love, support and stability they need. To find out more about our Christmas appeal visit www.soschildrensvillages.org.uk/Christmas.

We hope you have a magical Christmas and wish you every happiness in 2023.

Ravenscroft House, 59-61 Regent Street, Cambridge CB2 1AB



